



JERICHO SETTLERS FARM, Inc.

GOOD FOOD * YEAR ROUND

CSA Sample Vegetable Shares by Season

Sample shares are offered as approximations; actual crop types and quantities may differ depending on weather.

Each box represents one pickup

March

April

May

<p>SPRING CSA pickups every other week</p> <p>HALF SHARE SPRING</p>	<p>1 lb. fingerling potatoes 1 bunch baby pac choi 1 lb. onions 3 lbs beets and/or carrots 1 bag frozen tomatoes 1 head cabbage 3 oz. microgreens 1/3 lb. baby spinach</p>	<p>1 bunch green garlic 1 lb. onions 2 lbs. carrots or beets 1/3 lb. young kale 1/3 lb. spinach or mesclun 1 bunch radish 3 oz. pea shoots 1 bunch cilantro or parsley</p>	<p>1 bunch scallions 1 head lettuce 1 cucumber 1/3 lb. mesclun or arugula 1 bunch basil 1 lb. spring dug parsnips 1 bunch salad turnips 1 zucchini</p>
<p>REGULAR SHARE SPRING</p>	<p>2 lbs. fingerling potatoes 2 bunch baby pac choi 2 lbs. onions 5 lbs. beets and/or carrots 1 bag frozen tomatoes 1 head cabbage 3 oz. microgreens 3 oz. pea shoots 1/2 lb. baby spinach</p>	<p>1 bunch green garlic 2 lbs. potatoes 2 lbs. onions 3 lbs. beets and/or carrots 1/2 lb. young kale 1/2 lb. spinach or mesclun 1 bunch radish 3 oz. pea shoots 1 bunch cilantro or parsley</p>	<p>1 bunch scallions 2 heads lettuce 2 cucumbers 1 bunch braising greens 1/2 lb. mesclun or arugula 1 bunch basil 1.5 lb. spring dug parsnips 1 bunch salad turnips 2 zucchini</p>



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	June	July/Aug	Sept/Oct
SUMMER CSA weekly pickups	2 tomatoes 1 bu baby pac choi 1 bunch beets or carrots 1/2 doz garlic scapes 1 head lettuce 1 bunch scallions 1 bunch salad turnips 1/3 lb. baby spinach 1 bu. braising greens 2 cucumbers u-pick fresh herbs	1 lb. beans 1 bunch carrots 1/3 lb. lettuce mix 1 lg. red pepper 1 lb. summer squash/zucchini 1 pint cherry tomatoes 3 tomatoes 6 ears sweet corn 1 lg. sweet onion u-pick 15 stem bouquet flowers and fresh herbs	1.5 lbs. carrots or beets 1 bulb fennel 1 bulb garlic 1 head lettuce 1 bunch spinach 1.5 lbs. onions 1.5 lbs. potatoes 1 acorn squash 3 tomatoes u-pick 15 stem bouquet flowers and fresh herbs
REGULAR SHARE SUMMER	3 tomatoes 2 bu baby pac choi 2 bunches beets or carrots 1 doz garlic scapes 2 heads lettuce 1 bunch scallions 1 bunch salad turnips 1/2 lb. baby spinach 1 bu. braising greens 3 cucumbers u-pick fresh herbs	1.5 lbs. beans 1 bunch carrots 1/2 lb. lettuce mix 1 lg. red pepper 1.5 lbs. summer squash/zucchini 2 pints cherry tomatoes 6 tomatoes 9 ears sweet corn 2 lg. sweet onions u-pick 15 stem bouquet flowers and fresh herbs	2 lbs. carrots or beets 1 bulb fennel 2 bulbs garlic 2 head lettuce 1 bunch spinach 2 lbs. onions 2 green peppers 2.5 lbs. potatoes 1 acorn squash 6 tomatoes u-pick 15 stem bouquet flowers and fresh herbs
LARGE SHARE SUMMER			



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October

Nov/Dec

Jan/Feb

<p>WINTER CSA pickups every other week</p> <p>HALF SHARE WINTER</p>	<p>1 delicata squash 1.5 lbs. potatoes .75 lb. onions 1 bulb garlic 1.5 lbs. carrots 1 lb. beets 1 bunch kale or chard 1 head broccoli 1/3 lb. mesclun</p>	<p>1 butternut squash 1 lb. fingerling potatoes 1 lb. onions 1.5 lbs. carrots 1.5 lbs. parsnips or turnips 1 head napa cabbage 1 bulb garlic 1 stalk brussel sprouts 1/3 lb. arugula or spinach</p>	<p>1.5 lbs. potatoes 1 lb. onions .5 lb. shallots 1 celeriac 2 lbs. carrots or beets in 3 colors 1 cabbage 1 bunch baby bok choy 1/3 lb. spinach or mesclun 1 bag frozen tomatoes</p>
<p>REGULAR SHARE WINTER</p>	<p>2 delicata squash 2 lbs. potatoes 1 lb. onions 3 leeks 2 bulbs garlic 2 lbs. carrots 1.5 lbs. beets 1 bunch kale or chard 1 head broccoli 1 head lettuce 1/2 lb. mesclun</p>	<p>1 butternut squash 1.5 lbs. fingerling potatoes 1.5 lbs. onions 2 bulbs garlic 2 lbs. carrots 2 lbs. parsnips or turnips 1 head napa cabbage 2 stalks brussel sprouts 1 bunch kale or chard 1/2 lb. spinach 1/3 lb. arugula</p>	<p>2 lbs. potatoes 2 lbs. onions .75 lb. shallots 1 celeriac 2 bulbs garlic 4 lbs. carrots or beets in 3 colors 1 cabbage 1 bunch baby bok choy 1 bunch braising greens 1/2 lb. spinach or mesclun 1 bag frozen tomatoes</p>